



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu April 2023



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		!!!IMPORTANT!!! Please remember to pay your breakfast and lunch bills daily, weekly or monthly.		
3	4	5	6	7
Biscuits and Gravy Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Cinnamon Roll Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	
Chicken Alfredo Cesar Salad Garlic Bread Fresh Fruit and Vegetable Bar Milk	Cheeseburger French Fries Fruit Ice Cream Milk	Turkey Dinner Mashed Potatoes and Gravy Green Beans and Dressing Hot Roll Fresh Fruit and Vegetable Bar Milk and Cake	Taco Soup Corn Chips Shredded Cheese Salsa Fresh Fruit and Vegetable Bar Milk	
Baked Potato Bar/ Fixins	SAME	Chicken Nuggets/Potato	Burrito/Chips and Salsa	
10	11	12	13	14
Muffins Fruit Juice, Milk	Chicken and Waffles Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Omelet, Bacon and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Spicy Chicken Sandwich Lettuce, Tomato and Pickle Potato Chips Fresh Fruit and Vegetable Bar Cookie Milk	Crispitos w/ Cheese Sauce Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes and Gravy Galzed Carrots Hot Roll Fresh Fruit and Vegetable Bar Milk	Toasted Cheese Sandwich Tri Tator Fresh Fruit and Vegetable Bar Peach Cobbler Milk PEACH COBBLER DAY	Stuffed Crust Pizza Spinach Salad Fresh Fruit Cup Vegetable Bar Milk
Mr. Ribb/Chips	SAME	Chicken Nuggets/Potato	Hamburger/Veggie	Pizza/Salad
17	18	19	20	21
Biscuits and Gravy Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Donuts Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Macaroni and Cheese Little Smokies Green Beans Biscuit Fresh Fruit and Vegetable Bar Milk	Indian Taco Pinto Beans Shredded Cheese Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes and Gravy Black Eye Peas Hot Roll Fresh Fruit and Vegetable Bar Milk	Bacon Cheeseburger w/ French Fries Lettuce, Tomato and Pickles Fresh Fruit and Vegetable Bar Pineapple Upside Down Cake Milk PINEAPPLE UPSIDE DOWN CAKE DAY	CornDog Broccoli and Cheese Fresh Fruit Cup Vegetable Bar Milk
Parmesan Chicken/Breadstick	Burrito/Chips and Salsa	Chicken Nuggets/Potato	Hamburger/Wedges	Pizza/Salad
24	25	26	27	28
Smoothie and Toast Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Pigs in a Blanket Honey Mustard Dip Pork n Beans Fresh Fruit and Vegetable Bar Cookie and Milk PIG-IN-A-BLANET DAY	Mexican Casserole Sweet Corn Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Nuggets Mashed Potatoes and Gravy Green Beans Hot Roll Fresh Fruit and Vegetable Bar Milk	Philly Steak Fries Cheese Sauce Peppers and Onions Fresh Fruit and Vegetable Bar Strawberry Cake Milk	
Fish Sticks/French Fries	Burrito/Chips and Salsa	SAME	Hamburger/Veggie	

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.